

Responsibilities

students name _____

List

Mon Tues Wed Thurs Fri Sat

	Mon	Tues	Wed	Thurs	Fri	Sat
Clean room						
Make my bed						
Put personal belongings away						
Self care						
Brush teeth						
Take a bath						
Put dirty cloths in laundry						
Family						
Complete assigned chores						
Show black belt respect towards family						
School						
Complete homework						
Use black belt effort in class						
Show black belt respect for teachers and classmates						
On time for Martial Arts classes						
Self development						
Practice Martial Arts for 15 minutes						

Parents: please sign _____

This list is a belt requirement. The completed list is expected the first class of the week . Completing This list will help your child develop confidence and self discipline.

